

Y TUMBLING

These classes introduce the basic fundamentals of tumbling within floor gymnastics. Participants will have an opportunity to enhance movement exploration, body awareness, locomotor skills, and large muscle control. Children progress according to their individual level.

9/14/09
through
10/15/09
Session 9

Held in the
Essig Center Gym
in Rocky Mount

Monthly Fee
Members \$25 Non
-Members \$40

Minimum enrollments and
Maximum enrollments apply

Session 10 - 10/26/09-12/10/09
No Class Thanksgiving week

Session 1 - 1/12/10-2/11/10

REGISTRATION INFORMATION ON BACK

Tiny Tumblers Ages 3 to 4 Thursday
6:15p.m. to 7:00 p.m. (6 Class Max)

Tumbleweeds Ages 5 to 7 Thursday
7:10pm to 7:55pm (6 Class Max)

Beginner Tumblers Ages 8 to 12 Tuesday
6:15pm to 7:00pm (8 Class Max)

Intermediate Tumblers Ages 8 to 12 Tuesday
7:10pm to 7:55 pm (8 Class Max)

Class Assignments can be changed by instructor based on skill levels of the participants.



FRANKLIN COUNTY FAMILY YMCA

235 Technology Drive P.O. Box 720
Rocky Mount, VA 24151
540.489.YMCA (9622)

SMITH MOUNTAIN LAKE YMCA

235 FirstWatch Drive
Moneta VA 24121
540.721.YMCA (9622)



Our YMCA is a
United Way Partner Agency