

Y YOUTH POLICIES

The following policies apply to all youth participants under the age of 18 utilizing the YMCA Recreation Center:

IN GENERAL

- A responsible adult age 18 or older must be on the premises at all times with youth members ages 12 or under (unless child is enrolled in a specific program that indicates this is not required)
- Children should be in a program area such as the gym, pool, kids' room, nursery, or with an adult on the track, not playing or wandering in the hallways, locker rooms, reception area or stairwells.
- Youth members (age 13 through 17) may join as individuals or be included as members on family memberships. Youth members age 13 through 17 are allowed in the YMCA without an adult. YMCA staff does NOT monitor or take responsibility for their comings and goings from the building. Youth members will NOT be questioned or detained when leaving the premises and as such, may do so at any time. Parents must come into the YMCA to purchase a youth membership and a parent signature is required indicating release of liability and an understanding of youth membership policies for any membership for youth age 13 through 17.

IN THE NURSERY

- The nursery is for members ages 2 months through 5 years old.
- Please refer to the Nursery Information Flyer for more details on schedule and rates.

IN THE TEEN ROOM

- Children 13 through 18 can play games, watch TV, or do homework in the Teen Room. This room will be monitored periodically by YMCA Staff.
- Parents are responsible for the behavior of their own children.

IN THE GYM

- Children ages 6-12 may play in the gym unsupervised provided that the parent is in the building. Parents are responsible for the behavior of their own children.

ON THE TRACK

- Children ages 6-12 years must be with a parent at all times while using the track.
- Children ages 13-17 years may be on the track unaccompanied by an adult.
- All children must follow posted rules which are located at all doors to the track.

IN THE FITNESS AREA

- Children under 10 are not allowed in the Fitness Area.
- Children ages 10-12 and 13-17 must schedule an appointment in advance at the Front Desk with a Fitness Advisor for orientation prior to working out in the Fitness Area.
- Children ages 10-12 who have completed their orientation with a Fitness Advisor, may work out on equipment as approved by the Fitness Advisor only when they are directly supervised by parents or guardians who are not engaged in any other activity.
- Children ages 13-17 who have completed their orientation with a Fitness Advisor, may work out on equipment unsupervised as approved by the Fitness Advisor

IN THE POOL

- Children ages 7 and younger who have passed the swim test must have an **adult present in the pool area while they are Swimming.**
- Children ages 7 and younger who cannot pass the swim test may swim in small program pool only and must have an **adult in the pool with them.**
- Children ages 8-12 who have passed the swim tests may swim in either pool but must have an adult present in the Y building.
- Children ages 8-12 who cannot pass the swim tests may swim in the small program pool only and must have an **adult in the pool them.**
- Children ages 13 - 17 who have passed the swim tests may swim in either pool and are not required to have an adult present in the Y building.

We build strong kids, strong families, strong communities.



FRANKLIN COUNTY FAMILY YMCA

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Our YMCA is a
United Way
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